

## BABY WALKER, HARNESS TODDLER LEASH

Sling can be easily utilized to assist the baby walking. Thread the tail through both rings, and wrap the loop around her chest. It can also convert into an ergonomic leash which can be a life-saver on a zoo trip while she is on the cruise.



### CLEAN

Launder as cotton garment. Separate colors.

Heat dry. To avoid clanking noise in the dryer tank by the metal rings, fold the sling up and place it in a laundry bag .

### WARNINGS&TIPS

Spreading out the fabric on the back can dramatically reduce the feeling of straining, as weight is distributed to a wider range of the torso.

Switching shoulder once in a while. Try not to get used to carry with only one side.

If your baby is fussy, get moving! nothing works better than rocking motions and cuddling! And be confident.

Until you are comfortable using the sling, please do so only with assistance or while sitting on a soft surface.

Take the baby out or protect him with both hands when he gets squirmy.

Allow good airflow to baby's face.

Baby's head and neck should not be curled forward pushing chin to chest as this can restrict breathing. Semi-reclined is the correct position when cradled.

Be very careful balancing your body, especially when walking. Don't fall over. Avoid wearing heels.

## *Lite-on-Shoulder* <http://www.slingcarrier.com> (Video Demo)

### **User Manual**

Thanks for choosing Lite-on-Shoulder baby sling. You're about to discover the practical benefit of wearing your baby. Besides soothing the baby and relieving your sore arms, the benefit to your baby reaches far beyond that. With a little bit more practice and persistence you and your baby will both be amply rewarded.

Letting your baby share the rhythmic motion when your walk, talk, and curl up supported in the presence of your breath and heartbeat is an acknowledged way to promote parental bonding. Constantly carried and touched babies develop their senses faster, cry less, learn more, and thrive better because they are less bored, but more relaxed and secure. Insecurity makes us less able to cope with life's stress appropriately and we substitute by developing unhealthy addictions. Frequently carried babies can cope with stress better and are less prone to undesirable addictions as grown-ups.

### **HOW TO**

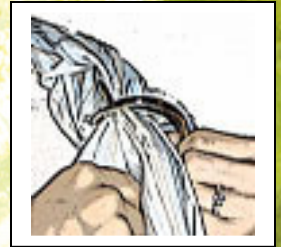
#### **WEAR**

Thread the tail through the two rings, back over the second ring and through the first ring. Form a "ring buckle". Pass sling over your head and rest the shoulder pad on your shoulder. Rings should be at the corsage position.



### **HOW TO ADJUST**

To adjust the sling to a tighter position, lift the baby with one hand to "unlock" the rings and pull down on tail with the other hand. To loose the sling, lift up on bottom of upper ring and pull down on pouch portion with other hand. Rings buckle up the tail when two rings are in a parallel position. Buckle comes loose when you angle two rings.



No matter what carrying position you are using, make sure the sling is tighten up to having the baby on your waist for your comfort and spine health. In hip straddle position she will be sitting on your waist. In cradle positions, she will be snuggling to your chest and belly, not the lower abdomen.

### **CARRYING POSITIONS**

#### **CRADLE HOLD**

Prepare the sling to hold your baby. First, fold the chest front fabric in half to make a deep pocket. Bring your baby up and over the pocket. Slowly release baby into the sling.

If baby is reclining, wrap the sling around both sides of baby's body, NOT HEAD.

If adjustment is needed use one arm to lift the baby's weight securely and the other hand to pull down on the tail to tighten the loop. Pull on the tail to tighten up to a snuggle fit. Make sure sling is tight enough and the baby is secure.

Very young babies like to be swaddled. When holding in upright position, you can cross baby's legs first like when she was in the womb.

There are several variations of Cradle Hold that serve different purposes.

## BASIC CRADLE HOLD

Fold a pocket as above. Put the baby's full body in. Rest her head on the outside rail so she doesn't get chin-chest crunched. Newborns love to be "swaddled" in a sling.



## LYING DOWN

To place baby in horizontal position to sleep or nurse, loosen the tail to make plenty of room in the pouch where the baby lies. Make sure the rings stay high on the chest. Position the baby's head away from the rings. Pull fabric up for discreet nursing or to shade your baby's eyes from sun or to shield her from cold wind.



## FOOTBALL HOLD

This is a nursing position for the early months. In a cradle hold position, simply shift baby to one side under the arm. Adjust tightness and help latch-on. This position can help baby to suck better and maintain proper latch-on longer.

## FULL COVERAGE HOLD

Nursing and napping are made comfortable and discrete under this position. Latch on at basic cradle hold position. Adjust the fabric to shield the light or cover up for privacy. Always use one hand to secure proper position.



## LEGS OUT

Cradle hold for bigger babies is possible with

this carrying position. While your baby enjoys the view and fresh air, you will need to hold on to the outside rail to form a safety bar. Only employ this position if your baby is cooperative.



## LAY DOWN TO SLEEP

Sling can be removed without waking the baby by simply loosening the tail, lying the baby down and backing out of the sling.



## KANGAROO CARRY

To sit your baby facing forward, form a pocket shape, and then cross baby's legs to sit down in pouch. Your baby's head rests against the center of your chest and she should ride at your waist or higher.



## HIP

## STRADDLE

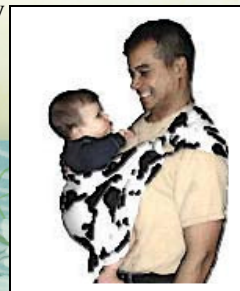
With her legs snuggling around your hip, it's the most used position during all the baby carrying years, especially for toddler. Be sure the weight is borne on your hip and waist, not below.



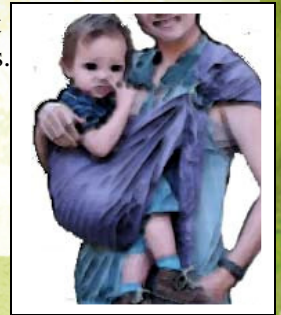
## SNUGGLE

## HOLD

It's also called "Tummy to tummy". Little



infants can put legs in the pouch. Lite-on-Shoulder's "pouch seat" design provides a perfect grip for the baby's thighs. Lots of times moms also found this position facilitate improvised nursing. Toddlers can ride with legs together.



## SADDLE

## RIDE

Saddle Ride is the ultimate slip proof position for squirmy toddlers. Bring the baby up and split legs over the fabrics to drop in as if riding on saddle. Spread the fabric out so his weight will be sitting on the whole swath of fabric by the hips and thighs. Make sure she doesn't arch back with one arm.



## PIGGYBACK RIDE

Put your Sling on with the rings slightly behind the shoulder. Place your child in the sling in the hip carry position with your child's arms covered. Carefully slide the sling around to your back. It is recommended to have someone else check for security. By wearing the baby on the back, you can keep him from getting into things and get your chores done. Bear in mind that since the child is not tied in, piggyback ride should only be used with a cooperative child.

